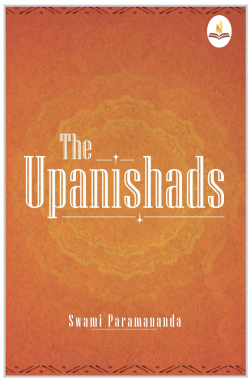
Book Information Sheet

Prints Publications Pvt. Ltd.



The Upanishads

Author: Swami Paramananda

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Product Specification

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About the Author

Swami Paramananda

Swami Paramananda was one of the early Indian teachers who traveled to the United States to share the Vedanta philosophy and religion. A mystic, poet, and pioneer in spiritual community living, he journeyed to the Himalayas at a young age, traversing the vast mountain range on foot. Along his path, he encountered many great spiritual figures, deepening his insight and understanding of Vedanta’s teachings.

Product Description

The Upanishads, a cornerstone of Hindu thought and one of the most significant works from ancient India, explore foundational concepts such as samsara, Brahman, atman, karma, dharma, and moksha, forming the essence of Indian philosophy. Together with the Bhagavad Gita and Brahmasutra, the Upanishads lay the groundwork for the later schools of Vedanta.Swami Paramananda, an early Indian teacher who introduced Vedanta to the United States, was a mystic, poet, and a pioneer in spiritual community living. Drawing on his deep religious scholarship, Paramananda translated the wisdom of the Upanishads into accessible English, making it easy for Western audiences to grasp. His translation encourages self-discovery and invites readers to embrace the text’s wisdom for a spiritually centred and fulfilling life.