Book Information Sheet

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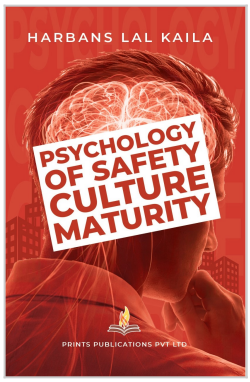

Psychology of Safety Culture Maturity

Author: Harbans Lal Kaila

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About the Author

Harbans Lal Kaila

Professor Harbans Lal Kaila earned his Masters' degree in Psychology from Guru Nanak Dev University, and PhD from Tata Institute of Social Sciences (TISS), Mumbai. He served as a Professor of Psychology (Retd.) in SNDT Women's University and the Central Labour

Institute, Mumbai for >28 years. He also represented India in conferences in New York, Berlin, Muscat, Rome, New Zealand, Japan, London, Dubai, Cairo, Malaysia and Sydney. He is the Editor of The Journal of Psychosocial Research and authored many books and research articles, director of the Forum of Behavioural Safety and has successfully conducted >1000 behavioural safety culture programs and national conferences for industry.

Product Description

Despite long-term implementation efforts, many Indian organisations continue to face challenges such as hierarchical barriers, lack of emotional connectivity, and a persistent culture of blame and fear—often worsened by limited top management support and gaps in safety culture expertise. This book addresses these critical issues by advocating a shift from basic behavioural observation to a more holistic approach that integrates psychological safety, human factors, and overall well-being. Authored from a practitioner's perspective, this twelve- chapter guide blends primary research, real-world insights,and case studies to offer practical frameworks for professionals and students. Aligned with global standards like the ILO and WHO, it provides a clear roadmap for building positive safety cultures and Living Injury Free Everyday (L.I.F.E).